

Autumn Term Lunch Menu – **Week 1**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Main 1</b>	Farfalle Pasta with a Lentil Tomato Sauce (E)	Flatbread served with a Lamb Kofta (G)	Sweet potato Enchilada (D) (G)	Chicken Puffs (G) (E)	Fresh Fish Fridays (F) (E)
<b>Main 2 (Vegetarian)</b>	Macflower Macaroni (D) (G)	Flat bread served with Falafel (G)	Roasted Vegetable Enchilada	Veggie Puffs (G) (E)	Pea Fitters
<b>Accompaniment</b>	Baby Corn	New Potatoes	Herbed Potatoes (Su)	Potato Gratin (Su) (D)	Potato Wedges (Su)
<b>Vegetable additions</b>		Garlicky Green Beans	Sugar Snaps	Broccoli	Peas Chef's Baked Beans (C)
<b>Salad additions</b>	Tomato Salad	Greek Salad (D)	Cucumber	Carrot Salad	Mixed Salad
<b>Bread</b>	Focaccia (G)	Flat bread (G)	Tiger Bread (G) (SS)	Soda Bread (G)	White Loaf (G)
<b>Dessert</b>	Crepe Apple Pie (G) (D) (E) or Fresh Fruit	Fresh Fruit or Greek Yoghurt (D)	Fruit Cookie Pizza (G) (D) (E) or Fresh Fruit	Fresh Fruit or Greek Yoghurt (D)	Fresh Fruit or Greek Yoghurt (D)

Allergens: C = Celery D = Dairy E = Egg F = Fish G = Gluten M = Mustard Soy = Soya SS = Sesame Su = Sulphates

*\*All vegetarian meals are suitable for vegans*

***If your child has any allergies, please contact the school office so that the Head Chef can be fully informed of your child's needs.***

This menu is subject to variations as fresh ingredients are delivered daily.